



NAIRN SUMMER ACTIVITY PROGRAMME 2009

MAIN BOOKING DAYS: Mon 8 + Tues 9 June, 10am-12pm, 2-4pm + 6-8pm at:
Nairn Library, 68 High Street, Nairn (01667 458506) and Nairn Leisure, Marine Road, Nairn (01667 453061)

Please use one booking form per participant.

* concession price £1 to any participant from households eligible for free school meals - for activities marked * in cost column.

To find out what other activities are on in the HIGHLAND COUNCIL AREA and how to book, please look on the Highland Events and Festivals web-site:

www.highlandeventsandfestivals.com

ACTIVITY	VENUE	DATES	TIME	COST Per session	AGE	ACTIVITY INFORMATION
Quest Seekers	Nairn Library	Fri 3 July to Mon 31 Aug	n/a	Free	P1 - P7	Take part in this year's national summer reading challenge. Sign up at Nairn Library. Collect stickers to put in your personal folder to mark your progress and at the end you will receive a medal.
Putting competition	Nairn Leisure Park	Mon 6 July	11am - 1pm	75p	P4 - P7	Bookings to be received by Saturday 4 July 5pm
Crazy Golf competition	Nairn Leisure Park	Mon 13 July	11am - 1pm	75p	P4 - P7	Bookings to be received by Saturday 11 July 5pm
Building a Log Roundhouse under the expert guidance of greenwood workers "Turn On To Wood"	Auldearn School Grounds	Mon 13 + Tues 14 July	10.30am - 1pm 2.30 - 4.30pm	£2 *	S3 - adult	An Active Families event - learn skills in woodworking by helping build an inside outside room! Strong work boots and protective clothing are recommended. Dress for the weather and bring a refreshment Only 6 places available per 2 or 2½ hour session. Book 2 sessions at £2 each and be eligible for further free sessions. With generous support from The Scottish Arts Council Awards for All and the Cultural Co-ordinator Programme. 11-14 year olds welcome to accompany a participating adult on a 1:1 ratio.
		Wed 15 + Thur 16 July	2.30 - 4.30pm 5.30 - 7.30pm			
		Fri 17, Sat 18, Mon 20, Tue 21 July	10.30am - 1pm 2.30 - 4.30pm			
		Wed 22 +Thur 23 July	2.30 - 4.30pm 5.30 - 7.30pm			
		Fri 24 July	10.30am - 1pm 2.30 - 4.30pm			
		Sat 25 July	10.30am - 1pm 2.30 - 4.30pm 5.30 - 7.30pm			
Skittles competition	Nairn Leisure Park	Mon 20 July	11am - 1pm	75p	P4 - P7	Bookings to be received by Saturday 18 July 5pm
Football Fun & Fitness	Nairn Academy Community Pitches	Mon 20 - Fri 24 July	10am - 12 1.00 - 3.00pm	Free	P4 - P7 P7 - S4	MFR Cash For Kids in partnership with Nairn County FC and Active Schools bring a fun-filled week of football, fun and fitness for all ages. Free goodie bag & T-shirt for each participant. Bring water bottle and shin guards. No football boots worn on astro-turf
Multi-Sports Junior	Rosebank Primary	Mon 20 - Fri 24 July	10.30 - 11.30	£2 *	P1 - P3	Basketball, dodgeball, lacrosse, golf + more. Come to any or all sessions - learn to play, take part in the games at the Family Night on 5 August.
Cheerleading	Rosebank Primary Gym	Mon 20 - Wed 22 July	1 - 2pm	£2 *	P1 - P3	Come to any or all sessions - learn to dance + cheer to High School Musical and much more. Under 6s - adult to remain in attendance.
			2 - 3pm	£2 *	P4 - P7	

Story Sessions - Junior	Nairn Library	Tues 21 + 28 July and 4 August	10.30 - 11.30	Free	P1 - P3	Fun-filled sessions at the library with stories & something different. You can also sign up there for <i>Quest Seekers</i> which is open to all primary school children during July + August.
Kwik Cricket	Cricket Pitch, The Links	Tues 21 + 28 July and 4 August	6 - 7pm	£2 *	P3 - P7	Learn to play this exciting summer sport with help from Nairn County Cricket Club. All abilities welcome at any or all sessions. More info about Kwik Cricket from Kim Neill (01667 455486).
Wacky Races	The Maggot	Wed 22 July	6 - 7pm 7 - 8pm	£2 * £2 *	P1 - P3 P4 - P7	Fun + games with Nairn Athletics Club coaches. All food allergies must be reported.
Gorge Walking	Destination to be confirmed	Thurs 23 July	9.30 - 4pm	£8	S1 - S6	Please bring a full change of clothes, waterproof jacket & trousers (can be supplied if necessary), lunch, drinks, towel, spare shoes that can get wet, swimming costume or shorts. Be prepared to get very wet! Meet + return to Nairn Community Centre car park.
Story Sessions - Senior	Nairn Library	Thurs 23 + 30 July and 6 August	10.30 - 11.30	Free	P4 - P7	Fun-filled sessions at the library with stories & something different. You can also sign up there for <i>Quest Seekers</i> which is open to all primary school children during July + August.
Nifty Ninjas - Junior	Rosebank Gym	Thurs 23 July	1 - 2pm	£2 *	P1 - P3	Fun games, basic movements + pad work to develop your child's fitness, confidence, co-ordination & social skills in a safe environment with a fully trained instructor.
Nifty Ninjas - Senior	Rosebank Gym	Thurs 23 July	2 - 4pm	£3 *	P4 - P7	
Sailing	Findhorn	Fri 24 July	9.30 - 4.30pm	£25	P4 + over	Interested in learning to sail? Learn with the expert tutors from Findhorn Sailing Club. Then have the confidence to join local sailors at Nairn Sailing Club. All equipment provided. Take spare warm clothes and packed lunch. Transport not included.
Storytelling inspired by the natural world	GP Room, Auldearn Primary School	Fri 24 July	10 - 12noon	£2 *	8 - adult	Iona Carbarns helps participants create and tell their own mythic stories inspired by the natural world. Event linked to Log Roundhouse building (13 - 25 July). An Active Families event with generous support from The Scottish Arts Council Awards For All and the Cultural Co-ordinator Programme.
Street Dance	Nairn Community Centre	Fri 24 July	11am - 3pm	£3	S1 - S6	Please bring lunch, comfortable clothing and footwear suitable for physical activity. Highland Council reserve the right to cancel this event 3 weeks prior to date of activity.
Mobile Making inspired by the natural world	GP Room, Auldearn Primary School	Sat 25 July	10.30 - 12noon	£2 *	P4 - adult	Using found objects from nature and craft materials, make your own story mobile with guidance from Iona Carbarns. Event linked to Log Roundhouse building (13 - 25 July). An Active Families event with generous support from The Scottish Arts Council Awards For All and the Cultural Co-ordinator Programme.
Log Roundhouse - Completion Celebration	Auldearn School Grounds	Sat 25 July	6.30 - 7.30pm	Free	All the family	Come and celebrate the completion of the new log roundhouse in Auldearn Primary School grounds (see dates for building above) Bring own refreshment and, if you have one, a campfire story or song. An Active Families event with generous support from The Scottish Arts Council Awards for All and the Cultural Co-ordinator Programme.
Supersport competition	Nairn Leisure Park	Mon 27 July	11am - 1pm	75p	P4 - P7	Bookings to be received by Saturday 25 July 5pm Combine putting , crazy golf and skittles - to see if you are the ultimate champion
Trampoline & Fun Games	Nairn Academy Games Hall	Mon 27 - Wed 29 July	10 - 11am 11 - 12noon 12 - 1pm	£2 * £2 * £2 *	Nursery - P3 P4 - P6 P7 + over	Take your turn on the large trampoline. Wear PE kit, no jewellery. Long hair must be tied back. Under 6s - adult must remain in attendance. Subsidised by Girls' Association of Sport + Leisure.

Basketball	Rosebank Gym	Mon 27 - Wed 29 July	2 - 3.30pm	£3 *	P3 - P7	Learn drills + take part in mini games using age-appropriate equipment. All levels welcome, come to any or all sessions. Supported by Basketball Scotland's Highland Development Officer.
CBeebies - Green Balloon Club	Rosebank Primary	Mon 27 - Wed 29 July	2 - 3pm	£2 *	Nursery - P3	Come to any or all sessions. Adult to remain in attendance. Get arty, active & do something for nature with the Green Balloon club. All youngsters will receive a certificate.
Shinty	Nairn Academy Community Pitches	Tues 28 July	10 - 11.30am	£3 *	P4 - P7	Introduction to the famous Scottish game of shinty. All equipment provided. Coaching by the Camanachd Association.
Arts & Crafts	Nairn Youth Café	Wed 29 July	11 - 3pm	£3	S1 - S6	Opportunities to make mobile phone sock, dream catchers and diamante t-shirt design. Please bring lunch and a plain t-shirt to put your design on.
Canoeing	To be confirmed, weather dependant	Thurs 30 July	9.30 - 4pm	£8	S1 - S6	Please bring a full change of clothes, waterproof jacket & trousers (can be supplied if necessary), lunch inc. drinks, towel, spare shoes that can get wet, swim costume or shorts. Meet + return to Nairn Community Centre carpark.
Junior Athletics	The Maggot	Thurs 30 July	4.30 - 5.30pm	£2 *	P1 - P3	Basic throwing, running + jumping skills with Nairn Athletics Club coaches.
Cooking With Kim	Nairn Community Centre	Fri 31 July	10 - 11am 11 - 12 noon 1 - 2pm 2 - 3pm	£4 / £2 £4 / £2 £4 / £2 £4 / £2	P4 + over	Learn to cook with Kim - quick & healthy snacks, soups and breads. All food intolerance & allergies must be reported. Cost includes all ingredients. Come to any or all sessions.
Stay + Play Day	Rosebank Primary	Fri 31 July	10am - 3pm	£10 / £5	P3 - P7	Bring a packed lunch - stay all day + play basketball, athletics, golf, football, frisbee, dodgeball + more.
Drama	Nairn Community Centre	Fri 31 July	11 - 2pm	£3	S1 - S6	Fun and games. Please bring lunch.
Multi-Sports Senior	Rosebank Primary	Mon 3 - Thurs 6 Aug	11.30 - 1.30pm	£4 / £2	P4 - P7	Basketball, dodgeball, lacrosse, golf + more. Come to any or all sessions - learn to play, take part in the games at the Family Night on 5 August.
Get Fit With Melody Bear	Rosebank Primary	Mon 3 - Thurs 6 Aug	10.30-11.30am	£2 *	Nursery - P3	Hop, skip + jump to fitness - bring your favourite Teddy Bear! Come to any or all sessions. Adult to remain in attendance with under 6s.
Modern Dance	Rosebank Primary	Mon 3 - Thurs 6 Aug	11.30 - 1pm	£3 *	P4 - P7	Come along + learn the latest moves of the moment - including High School Musical & Hannah Montana. Come to any or all sessions.
Mini Kickers	Rosebank Primary	Mon 3 - Thurs 6 Aug	2 - 3pm	£2 *	P1 - P3	Football fun for the little ones, come to as many sessions as you like. Bring water bottle + shin guards. Book all or any session.
Mountain Biking	To be confirmed, weather dependant	Wed 5 Aug	9.30 - 4pm	£5	S1 - S6	Please bring lunch including drinks, waterproofs and warm clothing. Bikes provided.
Family Night With MFR	Nairn Links	Wed 5 Aug	6.30 - 8pm	Free	All the family	Meet the MFR Moose - take part in the Fun Run, Live Music, Tag Rugby, Football, Hockey, Parachute Games, Kwik Cricket, Club Golf, Frisbee, Cheerleading. All welcome.

Also this summer don't miss:

NAIRN YOUTH CAFÉ

Drop-in facility - downstairs at Nairn Community Centre

Open usual times throughout the summer holidays:
S1 - S3 Wed 7 - 9pm S3 - S6 Fri + Sat 7 - 11pm

For additional activities see posters in Youth Café



Take part in this year's national summer reading challenge at **Nairn Library** and sign up for **Quest Seekers**.

Collect stickers to put in your personal folder to mark your progress and at the end you will receive a medal.

Are you interested in film making?



Nairn Little Theatre is working with the

Out of Eden team from Eden Court to bring an exciting new project to Nairn. The film project will run for 2 weeks during the summer and is open for the S1 -S3 age range. The course will cover every aspect from ideas to production and later in the year.... the film will have its premier at Nairn Little Theatre. So, if you are keen to learn skills such as scriptwriting, camerawork or acting for the camera, let us know! Very limited numbers so get in touch soon if you are interested.



For further details please contact Lorraine Blyth (Eden Court Theatre) on 01463 239841.

GIRLS' ASSOCIATION OF SPORT + LEISURE

P6 - S6 girls meet most term-time Tuesdays for after school activities. See posters in schools for more info.

Subsidising Trampolining & Fun Games this summer (Mon 27 - Wed 29 July)

Aquabeasts! Nairn River Dip

Thurs 30 July, 1-3.30pm

Try a spot of river dipping + discover what lives in the underwater world of this beautiful river. All equipment provided except for wellies! Booking essential - tel 01463 710786. Meeting place advised on booking. Tel 01854 613904 for more information.

More details on the ranger service from John Orr, Inverness East + Nairn Ranger 01463 702932 john.orr@highland.gov.uk www.highland.gov.uk + click on C for Countryside Rangers



Football Fun + Fitness

(Mon 20 - Fri 24 July)
generously sponsored by



Youth Cinema @ Eden Court

£3

FILM NIGHTS:

24 July - "Twilight" (12)
14 Aug - You choose!!

For more information contact Eden Court 01463 234234

Max 80 people